

All your compassion resilience resources in one place.

The Compassion in Balance Program

ONLINE

YEAR ROUND

ALL LEVELS

INDIVIDUAL LOG-INS



Help for the whole team

The updated CiB Program is a unique, **flexible** educational platform offering **year-round**, on-demand compassion fatigue and **wellbeing resources specifically created for animal welfare** and protection workers.



Just-in-time support

24/7 access to a growing resource center filled **expert interviews** and **micro-lessons based on animal welfare workers most frequently asked questions** about grief, boundaries, emotional regulation, supervising staff, euthanasia, conflict, organizational wellbeing, and more!



Resilient Team Trainings

Self-guided team training series designed to **build skills and peer support**



Compassion Fatigue Course

Comprehensive **CEU self-study** course and group discussion guide

To Learn More

Visit: <https://www.compassioninbalance.com/cib-program>

Email: hello@compassioninbalance.com

